



Bishop Creighton House Annual Review 2018

A small charity with a big impact – for over 100 years

Bishop Creighton House

Bishop Creighton House has provided community and social support services for the people of Hammersmith & Fulham for 110 years. We aim to help people live safe, healthy and independent lives, tackling some of the problems caused by disadvantage and social isolation. We run a community centre and a range of projects for older people, people with learning disabilities and families with young children.

Our long-established projects are thriving. Our two most recent services, H&F Connect 55+ and Keep Active Westminster, have proved their effectiveness. Keep Active expanded to cover Kensington & Chelsea as well as Hammersmith & Fulham and Westminster. In April, we started a pilot Digital Inclusion Project, in partnership with Citizens Advice and LB Hammersmith & Fulham, providing IT training sessions on local authority housing estates. We will report on its progress in our next annual review.

Bishop Creighton House offers vital services for the most vulnerable and promotes independence, ranging from enabling people to find employment, to helping them to remain at home, avoiding residential care.

Community Centre

The Community Centre is open seven days a week from 9am until 10pm, providing opportunities for people of all ages to come together for educational, cultural and social purposes. The Centre has four meeting rooms with accessible toilets and kitchen areas. Throughout the year, the Centre hosted nearly 1000 events and activities, from drama and music to yoga and self-help. In addition, we let office space to charitable and private organisations.

Organisations, groups and clubs using the Centre in the year included:

Action on Disability, Aesthetics Elite Fitness, Alcoholics Anonymous, Art Group, Bridge Group, Busy Bees, Card Group, Carers Network, Children's Rights Service, Community Education Forum, Family First Mediation Service, Family Group Conference Services, Family Plan Limited, Field Road TRA, Forward 4 Families, Fraternity Spiritist Society, Hammersmith & Fulham Mind, Hammersmith & Fulham Momentum, Inspiring Your Path, IT Club, Jusoor, KingSmith Care, Learning Lounge, London Bangla Academy, Lord Reigns Ministries, Mindfulness, National Evangelical Spiritual Baptist Faith, NHS Falls Prevention Service, Open Age, Poetry and Shaah, React First, Red Circle Shotokan Karate Association, Refugee and Migrant Forum of West London, Soul Wiggle, S.J. Dance, Spiritist Psychological Society, Tavistock & Portman NHS Foundation Trust, Thornaes FMC, Top Energy, Weight Watchers, Women's Group, Zumba with Alina.

We are very happy to be here. It is fantastic that our group is able to meet on a regular basis. Ms D

Mentoring Plus

Mentoring Plus works with people with learning disabilities aged 16 and over, helping them gain new skills, build friendships, improve their education and literacy levels, enjoy social opportunities, undertake paid or voluntary work and training opportunities and enhance their physical and emotional wellbeing. The project offers a range of activities and support, including: one-to-one mentoring; employment support; a literacy programme based largely on personal tuition; educational workshops; health and wellbeing activities such as tai chi; and numerous social activities throughout the year. The project supported 93 people with learning disabilities and worked with 37 volunteers.

I love Mentoring Plus and Bishop Creighton House. I always look forward to going and am very happy when I do go there. It is one of the best parts of my life. T, project member

Homeline

Homeline's staff and volunteers provide long-term befriending services, helping to reduce isolation and loneliness for over 150 older people each year. The project acts as a safety net, identifying problems before they become a crisis. In the year, Homeline had 116 active volunteers who made over 20,000 telephone befriending calls (including weekends, bank holidays

and the Christmas period) and made regular home visits to 70 older people. Staff carried out over 900 pieces of casework and advocacy for members experiencing problems and needing additional support. Additionally, Homeline hosted 12 social events with supported transport for its members, plus a weekly IT class and a new exercise class from September 2017.

Very nice people. You always call which makes me feel very happy. Really glad to know you all. Mrs C

Keep Active Hammersmith & Fulham/ Kensington & Chelsea

KA H&F is a volunteer delivered project, run in partnership with H&F NHS Rehabilitation Services, helping older people back to fitness after a fall or illness. Trained volunteers are matched with older people and visit them weekly for up to nine weeks to help them become mobile again. In the year, 58 volunteers assisted 113 clients. KA K&C is based on the well-established H&F service and is run on similar lines, but on a smaller scale. In the year, 16 volunteers supported 41 clients.

The help I have received has been beyond my expectations! My volunteer is one of the nicest people I've met... I can now walk to church and the local shops on my own. Mrs K, age 92

Keep Active Westminster

KAW is run in partnership with the NHS Community Independence Service and provides support to older people after a period of intensive input from health care professionals following a fall or illness. On discharge from hospital, many older people are unable to continue their home exercise or mobility programme due to lack of motivation and social isolation. Their risk of falls and other health complications is high. Trained volunteers are matched with older people and visit them weekly for up to nine weeks to help them become mobile again. In the year, 64 volunteers supported 120 clients.

The volunteer was great – a lovely man. I do need a bit more help but I do go out alone now thanks to the volunteer. He always came on time and never missed a session. Mr B, age 86

H&F Connect 55+

H&F Connect 55+ runs social events at Bishop Creighton House and sheltered housing schemes. It also arranges telephone befriending and volunteer home visits for the most isolated. In the year, 302 social events were held, 13 volunteers were matched with clients for befriending and five volunteers made weekly telephone befriending calls to 63 clients. Seven trips were organised in partnership with Westway Community Transport.

Thank you for the calls. I look forward to my weekly visit on Wednesdays. It's ideal for perking me up in the middle of the week. Mr M

Care & Repair

Care & Repair promotes independent living by providing practical advice and support to help older and disabled people adapt their homes so they can live independently.

We can organise any type of adaptation, including level access showers, stair-lifts, ramps, kitchens and automated doors. Our involvement takes away much of the worry and anxiety associated with building work in the home and helps to ease concerns about cowboy builders. We ensure our approved contractors complete work to a good standard. To fund the costs involved, we also apply for any grants a client may be eligible for. This year we adapted 58 homes.

Care & Repair were really good. The help I got was A1. Mrs D

Safer Homes

Safer Homes offers home security and safety equipment installation and advice to older and disabled people, families with children under five and people who have experienced domestic violence, burglary or hate crime. In the year, the project visited 406 households, fitting 2,343 pieces of equipment, carried out 76 small jobs for paying customers and fitted draught-proofing in 97 homes.

I don't find it easy to cope now as I am getting older so Safer Homes is a great help to me. The jobs were done quickly and it was like having a member of the family pop in and help out. Ms C

Statement on behalf of the trustees

These summarised financial statements contain information from the Statement of Financial Activities and the Balance Sheet for the year ended 31st March 2018, but are not the full statutory report and accounts. The full financial statements were approved by the trustees on 3rd October 2018 and subsequently submitted to the Charity Commission and Companies House. They received an unqualified report and copies may be obtained from the head office of Bishop Creighton House.

Statement of financial activities for the year ended 31 March 2018 (incorporating an income and expenditure account)

	Unrestricted £	Restricted £	2018 Total £	Unrestricted £	Restricted £	2017 Total £
Income from						
Donations and legacies	6,983	11,613	18,596	12,588	9,229	21,817
Charitable activities						
Community Centre	54,123	20,867	74,990	46,352	21,058	67,410
Mentoring Plus	10,000	110,593	120,593	—	106,467	106,467
Homeline	5,000	104,665	109,665	—	109,545	109,545
Care and Repair	85,976	—	85,976	84,895	—	84,895
Safer Homes	14,236	145,629	159,865	24,296	135,791	160,087
Keep Active	—	55,986	55,986	10,000	43,967	53,967
Westminster Keep Active	—	50,000	50,000	—	56,542	56,542
Connect 55+	—	80,080	80,080	—	73,383	73,383
Beating Isolation	—	—	—	—	2,660	2,660
Other trading activities	41,418	—	41,418	46,364	—	46,364
Investments	58,283	—	58,283	63,459	—	63,459
Other	11,781	—	11,781	3,441	—	3,441
Total income	287,800	579,433	867,233	291,395	558,642	850,037
Expenditure on:						
Raising funds						
Cost of raising funds	13,428	—	13,428	12,218	—	12,218
Cost of trading & investment management	92,791	—	92,791	52,798	—	52,798
Charitable activities						
Community Centre	56,123	14,200	70,323	47,222	17,717	64,939
Mentoring Plus	—	140,245	140,245	5,000	132,766	137,766
Homeline	—	128,262	128,262	—	129,179	129,179
Care and Repair	85,976	7,079	93,055	80,905	(224)	80,681
Safer Homes	14,236	138,435	152,671	24,296	127,532	151,828
Keep Active	—	54,201	54,201	10,000	35,164	45,164
Westminster Keep Active	—	59,239	59,239	—	55,348	55,348
Connect 55+	—	76,730	76,730	—	82,481	82,481
Beating Isolation	—	—	—	—	4,276	4,276
Total expenditure	262,554	618,391	880,945	232,439	584,239	816,678
Net income / (expenditure) before net gains / (losses) on investments /	25,246	(38,958)	(13,712)	58,956	(25,597)	33,359
Net gains / (losses) on investments	(3,162)	—	(3,162)	11,116	—	11,116
Net income / (expenditure) for the year	22,084	(38,958)	(16,874)	70,072	(25,597)	44,475
Transfers between funds	(54,732)	54,732	—	(51,759)	51,759	—
Net movement in funds	(32,648)	15,774	(16,874)	18,313	26,162	44,475
Reconciliation of funds:						
Total funds brought forward	3,040,659	58,063	3,098,722	3,022,346	31,901	3,054,247
Total funds carried forward	3,008,011	73,837	3,081,848	3,040,659	58,063	3,098,722

Balance sheet as at 31 March 2018

	£	2018 £	£	2017 £
Fixed assets				
Tangible assets		1,098,287		1,111,474
Investment properties		1,520,000		1,520,000
Investments		131,864		136,634
		2,750,151		2,768,108
Current assets				
Debtors	56,852		89,590	
Cash at bank and in hand	336,207		378,734	
	393,059		468,324	
Liabilities:				
Creditors: amounts due within 1 year	61,362		137,710	
Net current assets		331,697		330,614
Total net assets		3,081,848		3,098,722
The funds of the charity:				
Restricted income funds		73,837		58,063
Unrestricted income funds:				
Designated funds	390,000		370,000	
Property revaluation reserve	1,075,880		1,095,988	
Fair value reserve	1,526,628		1,539,369	
General	15,503		35,302	
Total unrestricted funds		3,008,011		3,040,659
Total charity funds		3,081,848		3,098,722

£154,500 designated funds are for maintenance and redevelopment of the BCH building.

Funders

Axis Foundation, Band Trust, Big Lottery Fund, City of Westminster, Clothworkers' Foundation, Co-op Local Community Fund, Cox Trust, Dr Edwards & Bishop King's Fulham Charity, Field Family CT, Henry Smith Charity, John Lyon's Charity, Leathersellers' Company, London Borough of Hammersmith & Fulham, London Fire & Emergency Services, Mrs Maud Van Norden's CF, National Grid, NHS Hammersmith & Fulham, Oliver Morland Trust, RoSPA, Royal Borough of Kensington & Chelsea, Sir James Roll CT, Smart Energy GB, Sobell Fdn, Weinstock Fund, Westminster Amalgamated Charity, Will CT, Winton Philanthropies, WO Street CF, 29th May 1961 CT. Our thanks also to the many individuals whose kind support has helped us carry out our work.

Volunteers

Mentoring Plus

Carmelita Alvarez, Tom Basista, Monique Biddy, Jean Bingham, Gebrekal Bisrat, Edward Calvert, Nathalie Carrington, Antonia Corchero, Louis Cursan, Cristina Cali-Karady, Fergus Cusden, Eshraga El-Sheikh, Kaila Englesman, Lorraine Etienne, Loredana Giuran, Matt Green, Sophie Hashmy, Wayne Hatchet, Matt Hopkins, Akila Kildare, Jo Lewein, Paula Merrony, Jennifer Mulvey, Elliot Murphy, Koyejo Olamremaja, Hennial Patel, Harry Phillipson, Pauline Matthews, Rahini Mylvaganam, Mina Naimanan, Tuan Nguen, Edward Rowley, Susanne Sculley, William Trim, Carla Watson, Jane Whitgift, Marianne Wigren.

Homeline

Hassan Abouzeid, Ainazhan Akhmetov, Melanie Sarah Alderson, Fatima Al-Sabaawe, Ana Paula Andrade, Danielle Appleton, Frances Archer, Susana Barqueiro, Ibrahim Benat, Azeb Betaslo, Hazel Bloor, Edvig Bordone, Letty Buxton, Kelly Chang, Catriona Chaplin, David Colbeck, Barbara Corbett, Amrit Dhanoa, Katie Ellwood, Oriakhil Erfanullah, Channelle Findlay, Eva Fontaine, Josie Gale, Anthony Gillum-Webb, Ian Godfrey, Tina Grillo, Hana Haidar, Marcus Hawkins, Myrtle Inniss, David Isaac, Kaleighshandra Isaac, Paul Isolani-Smyth, Teresa Isolani-Smyth, William James, Cornelia Kearns, Ben King, Hassan Kosa, Anthony Lewis, Sarah Lewis, Paul Lyndsey, Marianne Mandujano, Hazel Mann, Robert Mansur, Rory McCullough, John Mellor, Trudy Mirza-Mendelsohn, Eunice Mensah, Osei-Kwane Mensah, Melahat Meric, Paula Merrony, Anetta Miesleszko, Rosemary Mills, Dana Minugalimova, Sara May Motraghi Nobes, Jennifer Mulvey, Clare Niven, Mary Nordkvelle, Mary O'Reilly, Sybil Poku, Basel Qtaish, Vukasin Radusinovic, Chetna Raval, Kathy Rowley, Caroline Sands, Una Savage, Barbara Stepanyk, Zuzanna Sterbova, Wendy Thomas, Winnie Thomas, Caritta Thornton, Barbara Tonelli, Susan Vernon, Steven Wahnon, Jane Walker, Thomas Walmesley, David Webster, Margaret Webster, Wendy Wiltshire, Amy Wright, Helen Wright, Na Xu.

H&F Connect 55+

Wendy Baker, Calvin Barretto, Ibrahim Benat, Anastasia Blamey, Constance Bowes-Lyon, Emily Cameron, Sarah Carroll, Sarah Chaves-Brasseur, Gabrielle Cordeiro, Helen Dempsey, Sasha Harden, Giulio Marchi, Caroline Sands, Julia Sun, Marta Szajna, Winnie Thomas, Barbara Tonelli, Calvin White, Prudence Williams, Jack Williamson.

Keep Active Hammersmith & Fulham/Kensington & Chelsea

Joanna Adenekan, Ann Antrobus, Polly Astor, Rana Bareli, Natalia Beschvertnaya, Josh Blackwell, Theresa Boyo, Janine Bryan, Clotilde Capece, Lucie Cerna, Joyce Chung, Caroline Cook, Juliet Craig, Manisha Dsouza, Lizzie Edwards, Jim Flemming, Ellen Fossett, Alberto Furlani, Ola Gajewska, Manish Gandhi, Catherine Gobin, Georgina Goff, James Griffiths, Futru-Samra Hidug, Laura Hockenhull, Tiya Iyoha, Alexandra Jamieson, Emma Jamieson, Luke Johnson, Claudia Jonsson, Lisa Kalinowska, Hazel Keegan, Kate Macdougall, Sara May, Florence Meek, Sophie Moore, Rachel Mulondo, Noordin Nanji, Ian Ness, Motraghi Nobes, Renata Nunes, Michelle Page, Krupa Patel, Sarah Popperwell, Kirstie Prentice, David Ramsdale, Hugh Robertson, Anna Charlotte Sambrook, Robyn Smith, Stanimir Stoyanov, Raja Subhash, Kathryn Tilbury, Fauzia Umar, Katie Webb, Linney Weiler.

Keep Active Westminster

Caroline Agyeman, Chika Aniuga, Tara Ayazzy-Shamloo, Daniel Bagshaw, Mary Baker, Lynn Ley Beng-Ong, Judith Birch, Valerie Bolcina, Rita Brayshaw, Angela Burton, Maricor Cabugas, Hussein Chatur, Maryama Chatur, Henry Davies, Frances Dillon, Rosie Dutton, Deon DuyTrain, Fernando Echeveste, Taiwo Eyiowuawi, Peter Farah, Elsa Fessahie, Jill Francis, Flavia Morellato Furieri, Anthony Garnett, Elisabete Gois, Kallie Green, Egbal Gulam, Nicky Henshall, Stephan Jones, Roger Juer, Shelley Klien, Kenneth Liu, Richard Lyons, Kate Macdougall, Luiza Ramires Marques, Brigita Matjosaityte, Peter McGrane, Rochan Millar, Elvira Mladenova, Susan Moore, Danique Osborne, Tatiana Pakciarz, Elena Polo, Grace Postlethwaite, Anna Price, Yugee Ramanolla, Valmiki Rampersad, Barbara Reynolds, Edith Sarcher, Patrick Scantlebury, Marianne Stengel, Teresa Toby, Helen Tuohy, Zoltan Verdes, Katarzyna Warnecke, Ayesha Watts, Tracey Webb, Alfred Williams, Rudi Wilms, David Witt, James Wright, Leshem Y'Shua.

Safer Homes

Babatunde Adeyemi, Matthew Akopose, Gerard De Boer, Angela Jameson, Stephanie Kostin, Anetta Miesleszko-Falarano, Hugh Richards.

Community Centre

Evgeny Gumarev, Angela Jameson, Margaret Van Arkadie, Lady West, Audrey Willock, Brenda Yeung.

Staff

Core Services

Chief Executive Rory Gillert
Finance Manager Mandy Lau
Fundraiser/Marketer Stephen Womersley

Community Centre

Co-ordinator Anthony Francis
IT Club Leader Mark Birley
Cleaner Rodica Codrea

Mentoring Plus

Co-ordinator Joe Robins
Project Worker John Whelehan
Assistant Project Worker Martin Doyle
Literacy Tutor Nicola Burrell
Maria Sforza

Homeline

Manager Joy Wilson
Project Worker Donna Isaac
Volunteers' Co-ordinator Elaine Mulligan
Jelena Radusinovic (M/L)
Maria Acosta Steele
Minibus Escort

H&F Connect 55+

Co-ordinator Marianne Mandujano
Project Worker Mark Birley

Keep Active H&F/K&C

Co-ordinator Jessica Lawn
Charlotte Ness (M/L)
Support Worker Rhyddhi Chakraborty
Exercise Class Leader Alberto Furlani

Keep Active Westminster

Co-ordinator Liz Rickarby

Safer Homes

Manager Caecilia Isidore
Project Worker Tony Carmichael
Handyman Donovan Shakespeare

Care & Repair

Manager Matthew Byrne
Technical Officer Kumkum Das

Staff listed were employed for all or part of the year 2017/18. M/L = maternity leave.

Board of Trustees

Chair Lee Smith
Treasurer Jane Walker
Fergus Cusden
Tom Fitzgerald
Tom Hackett
Alex Morley

Trustees listed served for all or part of the year 2017/18.

Bishop Creighton House



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