



Bishop Creighton House Annual Review 2016

Working with the community since 1908

Bishop Creighton House

BCH has provided community and social support services for the people of Hammersmith & Fulham for 108 years. We aim to help people live safe, healthy and independent lives, tackling some of the problems caused by disadvantage and social isolation. We run a community centre and a range of projects for older people, people with learning disabilities and families with young children.

We further developed our services over the year. Long established projects continued to thrive and we received funding for two new services. H & F Connect 55+ is a new service, funded by the London Borough of Hammersmith & Fulham, offering befriending to older people. Building on the highly regarded Keep Active project in Hammersmith & Fulham, we secured three years' financing for a similar service, Keep Active Westminster, run in partnership with the NHS.

BCH continues to provide vital services for the most vulnerable and promotes independence, ranging from enabling people to find employment, to helping them to remain at home, avoiding residential care.

Community Centre

The Community Centre is open seven days a week until 10 pm, providing opportunities for people of all ages to come together for educational, cultural and social purposes. The Centre has four meeting rooms with fully accessible toilets and a kitchen area. Throughout the year, the Centre hosted nearly 1000 events and activities and 10 new groups used the facilities. In addition, BCH lets office space to charitable and private organisations.

Organisations, groups and clubs using the Centre in the year included: AA, Art Group, Banooda Aid Foundation, Bridge Group, Busy Bees, Card Group, Carers Network, Central London Community Healthcare, Co-op Food, Community Education Forum, Family First Meditation, Family Group Conference, Family Tree Nurseries, Forward 4 Families, H&F Refugee Forum, Hammersmith and Fulham Mind, IT Club, Jusoor, Kingsmith Care, Learning Metrics, Life Drawing, London Bangla Academy, LBH&F, Meditation Group, Mount Carmel, NCT, People Rise Now, Ramblers – Hammersmith, Fulham and Wandsworth, React First, Red Circle Shotokan Karate Association, Safe Society Charity, Sahaja Yoga, South East Business Managers, Spiritist Psychological Society, Sudanese Association, Thomas Pocklington Trust, Thornaes FMC, Top Energy, Weight Watchers, Women's Group, Yoga Life, Zumba Alina.

Bishop Creighton House is a very welcoming place. My friends and I have been coming here for years. Mrs B

Mentoring Plus

Mentoring Plus works with people with learning disabilities aged 16 and over, helping them gain new skills, build friendships, improve their education and literacy levels, enjoy social opportunities, undertake paid or voluntary work and training opportunities and enhance their physical and emotional wellbeing. The project offers a range of activities including: one-to-one mentoring, employment support, a literacy programme based largely on personal tuition, education workshops, health and wellbeing activities such as tai chi, and numerous social activities throughout the year.

During the year the project supported 105 adults with learning disabilities and worked with 43 volunteer mentors.

I think the project is absolutely amazing for me and my family; it's a lifeline and the only thing that A and I feel we belong to. (P, parent of project member)

Homeline

Homeline is a volunteer delivered project aiming to reduce older people's isolation and improve health and well-being through befriending telephone calls and volunteer home visits. A team of 94 local volunteers made daily phone calls and home visits and helped Homeline staff host social events. Our project worker provided casework and advocacy support for those who need help with specific problems, completing over 800 pieces of casework, ranging from help with housing, care and financial issues to alerting emergency contacts when phone calls were not answered.

We supported 251 older people, with 43 new members joining the project. Our volunteers made around 17,000 telephone befriending

calls and we started new weekend phone calls in February 2016, calling 15 people each week. 82 older people received regular volunteer home visits with volunteers taking people out in wheelchairs, providing social contact and outdoor walking.

I have a great time with my volunteer. We have a good laugh. She's such a great kid and I take my hat off to her for giving her time like that. Ms C

Keep Active Hammersmith & Fulham

Keep Active, a partnership project with Central London Community Healthcare NHS Trust, was launched in April 2013. It is funded by City Bridge Trust, in part to create a template for community support, replicable in other London boroughs.

Keep Active provides volunteers for nine weeks for older people who have lost some function due to illness, stroke or fall, helping them to get back to fitness. All clients, who are aged over 60 and recently discharged from hospital, come via the H & F Community Rehabilitation Team. 62 volunteers were active in the year, supporting 118 clients.

Keep Active is an essential service for H&F as a continuation of physical activity once a client has been discharged from an NHS community rehabilitation team. We feel reassured that clients are in good hands. E, physiotherapist

Keep Active Westminster

Building on the success of Keep Active Hammersmith & Fulham, Keep Active Westminster was launched in January 2016. It is a volunteer delivered project funded by public health monies and run in partnership with Central London Community Healthcare NHS. Keep Active Westminster offers 9 weeks' support to older people who need to build their confidence and mobility after discharge from hospital. In the first three months of the service, 9 volunteers supported 14 clients.

A very valuable resource. Great transition with handover visits and good outcomes for clients. A, physiotherapist

H&F Connect 55+

H&F Connect 55+ is a new befriending project that started in July 2015. Funded by LB Hammersmith & Fulham, the service helps to link older people to their communities through befriending and social events. 20 volunteers have offered befriending through home visits to 23 clients and telephone befriending calls have been made to 16 clients. We have provided 68 social events in sheltered housing schemes across the Borough, giving older people an opportunity to get out of their homes and meet new people. In March, H&F Connect started its first monthly trips using community transport.

It lifted my spirits completely to be out and about. Mr L

Care & Repair: Adaptations for Life

Care & Repair promotes independent living by providing practical advice and support to help older and disabled people carry out adaptations to their homes so they can live independently.

We organise a wide range of adaptations, including wet floor showers, stair lifts, ramps and modified kitchens. This helps to take away much of the stress and anxiety associated with building work and the fear of being exploited by cowboy builders.

Our approved contractors complete the work to a high standard. We check if clients are eligible for a grant to assist with the cost of the work and we make the funding applications for them. This year we adapted the homes of 49 clients.

Words are not enough to say thank you for all your help. Mrs T

Safer Homes

Safer Homes carries out home safety, security and fire safety assessments in the homes of vulnerable residents. We provide advice and fit equipment to reduce the risk of accidents in the home, improve security and reduce the risk of domestic fires. During the year we visited 457 households helping a total of 984 residents and fitting 2,385 pieces of safety and security equipment. We installed draught proofing in 90 homes and carried out private work for 70 clients, which raised funds that were reinvested in the project. Safer Homes also ran 15 training and advice sessions.

This is a very useful service, essential for elderly and disabled people who would not otherwise be easily able to get this kind of help. Miss P

Statement on behalf of the trustees

These summarised financial statements contain information from the Statement of Financial Activities and the Balance Sheet for the year ended 31st March 2016, but are not the full statutory report and accounts. The full financial statements were approved by the trustees on 2nd November 2016 and subsequently submitted to the Charity Commission and Companies House. They received an unqualified report and copies may be obtained from the head office of Bishop Creighton House.

Statement of financial activities for the year ended 31 March 2016 (incorporating an income and expenditure account)

	Restricted £	Unrestricted £	2016 Total £	Restricted £	Unrestricted £	2015 Total £
Income from						
Donations and legacies	3,433	5,717	9,150	1,833	11,465	13,298
Charitable activities						
Community Centre	46,595	30,757	77,352	48,842	10,607	59,449
Mentoring Plus	—	113,600	113,600	—	86,696	86,696
Homeline	—	98,457	98,457	—	109,586	109,586
Care and Repair	83,881	—	83,881	72,971	27	72,998
Safer Homes	4,161	116,176	120,337	4,702	120,110	124,812
Keep Active	—	44,163	44,163	—	43,250	43,250
Westminster Keep Active	—	30,000	30,000	—	—	—
Connect 55+	—	53,341	53,341	—	—	—
Beating Isolation	—	17,985	17,985	—	30,781	30,781
Other trading activities	43,520	—	43,520	42,152	—	42,152
Investments	564,604	—	64,604	62,594	2	62,596
Other	8,792	—	8,792	4,084	442	4,526
Total income	254,986	510,196	765,182	237,178	412,966	650,144
Expenditure on:						
Raising funds						
Cost of raising funds	11,503	—	11,503	14,786	—	14,786
Cost of trading & generating voluntary income	81,510	—	81,510	84,128	—	84,128
Charitable activities						
Community Centre	41,670	30,757	72,427	1,243	60,689	61,932
Mentoring Plus	—	117,774	117,774	3,041	105,740	108,781
Homeline	—	122,115	122,115	2,918	125,377	128,295
Care and Repair	83,373	14	83,387	76,314	101	76,415
Safer Homes	—	138,226	138,226	14,026	124,675	138,701
Keep Active	—	55,134	55,134	1,180	45,721	46,901
Westminster Keep Active	—	20,498	20,498	—	—	—
Connect 55+	—	42,367	42,367	—	—	—
Beating Isolation	—	16,669	16,669	—	33,075	33,075
Total expenditure	218,056	543,554	761,610	197,636	495,378	693,014
Net income / (expenditure) before net gains / (losses) on investments /	36,930	(33,358)	3,572	39,542	(82,412)	(42,870)
Net gains / (losses) on investments	(3,633)	—	(3,633)	8,451	—	8,451
Net income / (expenditure) for the year	33,297	(33,358)	(61)	47,993	(82,412)	(34,419)
Transfers between funds	(29,375)	29,375	—	(55,246)	55,246	—
Net movement in funds	3,922	(3,983)	(61)	(7,253)	(27,166)	(34,419)
Reconciliation of funds:						
Total funds brought forward	3,018,424	35,884	3,054,308	3,025,677	63,050	3,088,727
Total funds carried forward	3,022,346	31,901	3,054,247	3,018,424	35,884	3,054,308

Balance sheet as at 31 March 2016

	£	2016 £	£	2015 £
Fixed assets				
Tangible assets		1,129,966		1,155,441
Investment properties		1,520,000		1,520,000
Investments		126,776		131,279
		<u>2,776,742</u>		<u>2,806,720</u>
Current assets				
Debtors	65,657		47,381	
Cash at bank and in hand	330,673		325,975	
	<u>396,330</u>		<u>373,356</u>	
Liabilities:				
Creditors: amounts due within 1 year	118,825		125,768	
Net current assets		<u>277,505</u>		<u>247,58</u>
Total net assets		<u>3,054,247</u>		<u>3,054,308</u>
The funds of the charity:				
Restricted income funds		31,901		35,884
Unrestricted income funds:				
Designated funds	350,000		350,000	
General funds				
Property revaluation reserve	1,116,096		1,136,204	
Fair value reserve	1,532,768		1,520,000	
Other	23,482		12,220	
Total unrestricted funds		<u>3,022,346</u>		<u>3,018,424</u>
Total charity funds		<u>3,054,247</u>		<u>3,054,308</u>

£195,250 designated funds are for maintenance and redevelopment of the BCH building.

Funders

Anton Jurgens CT, Band Trust, Big Lottery Fund, Cap Trust, Chelmsford Fdn, City Bridge Trust, City of Westminster, Drapers' Company, David Solomons CT, Hammersmith United Charities, Henry Smith Charity, John Lyon's Charity, Leathersellers' Co, Lloyds Bank Fdn, London Borough of Hammersmith & Fulham, Lynn Foundation, Mrs LD Rope's Third Charitable Settlement, Mrs Maud Van Norden's CF, NHS Hammersmith & Fulham, Oliver Morland Trust, Rathbone Trust, Robert Gavron CT, Saddlers' Company, Shanly Fdn, Sobell Fdn, St. James's Place Fdn, William Allen Young CT, Winton CF.

Our thanks also to the many individuals whose kind support has helped us carry out our work.

Mentoring Volunteers

Aleksandra Adamczak, Caleb Adamsi, Kawsar Ahmed, Carmelita Alvarez, Vicki Anderson, Tom Basista, Jean Bingham, Neele Bjere Field, Armen Boardman, Charlotte Buswell, Cristina Cali-Karady, Mario Cancia, John Cookson, Antonio Corchero, Fergus Cusden, Tom De Riemaker, Eshraga El-Sheikh, Matt Green, Mike Hailu-Gormu, Laurence Kaye, Safdir Khan, Akila Kildare, Daniel Kelly, Fiona Lay, Rosemary Lima, Sema Louis, Aishah Malik, Davide Marinoni, Paula Merrony, Cleopatra Mwyah, Rahini Mylvaganam, Mina Naimanan, Ihuoma Onwusor, Nikki Patrick, Susanne Sculley, Emily Speers, Pinal Thakker, Chennelle Thomas, Tori Walsh, Conrad Vaz, Carla Watson, Jane Whitgift, Lucy Wiseman.

Homeline Volunteers

Joanna Adenekan, Mary Adeniran, Margaret Aldridge, Anne Allen, Fatima Al-Sabaawe, Andre Celine, Frances Archer, Rona Bareli, Mathew Berry, Mark Birley, Hazel Bloor, Georgi Brown, Ana Castro, Cordelia Charlton, Catherine Clark, Ian Cockerell, David Colbeck, Barbara Corbett, Gloria Cortes-Vasquez, Janet Crosbie, Caroline Eakins, Leah Egan, Katie Ellwood, Renee Elmer, Josie Gale, Rosie Glazebrook, Ian Godfrey, Christine Greig, Natalie Hack, Zeinab Hakim-Montague, Gemma Hoare, Lucy Hutchins, Myrtle Inniss, David Isaac, Teresa Isolani-Smyth, Moorthy Jayaraman, Raj Jayaray, Beverley Jeffery, Pauline Joaque, Nadia Kabia, Margaret Kamara, Caroline Kennedy, Hassan Kosa, John Leonard, Lucy Lowes, Abdul Mahmoud, Marianne Mandujano, Robert Mansur, Michael McCabe, Trudy Mirza Mendelsohn, Eunice Mensah, Paula Merrony, Anetta Miesleszko, Clare Niven, Mary Nordkvelle, Olaofe Olatunbosun, Simon Oliver, Rosalba Pastran, Ivona Paukertova, Doreene Peters, Mark Pettigrew, Sarah Pillay, Gregoire Ponsoye, Basel Qtaish, Jelena Radusinovic, Maud Ragonnaud, Victoria Rodwell, Kathy Rowley, Harmeet Saluja, Futru Hidug Samura, Una Savage, Zenepe Shala, John Sharp, Yvonne Stark, Zuzanna Sterbova, Ania Strunk, Emily Tantot, Wendy Thomas, Winnie Thomas, Emma Thompson, Patricia Tookey, Olga Vaskiene, David Vinall, Jane Walker, Tory Walsh, David Webster, Lady West, Patricia Wildman, Jack Williamson, Wendy Wiltshire, Stephen Womersley, Amy Wright, Helen Wright.

H&F Connect 55+ Volunteers

Tejal Bhatt, Jane Bloomer, Sarah Brasseur, Francesca Castelli, Gabrielle Cordeiro, Helen Dempsey, Amrit Dhanoa, Georgina Dunn, Ana Figueiredo, Christine Greig, Sara Malanza, Kitti Papp, Luke Rabone, Maria Restrepo, Caroline Sands, Sandra Santos, Marta Szajna, Elektra Tan, Medea Varga, Jack Williamson.

Keep Active H&F Volunteers

Joanna Adenekan, Margaret Aldridge, Anna Allam, Julie Allsopp, Violeta Andriuniene, Calvin Barretto, Rhian Beresford, Michelle Bolton, Catherine Clarke, Natasha Duncan Bosu, Alice Earle, Claudia Eicher-Jonsson, Ana Figueiredo, Ella Giangan, Rosie Glazebrook, Mostofa Golam, Adam Hacini, Rebecca Harvey, Futru-Samra Hidug, Gemma Hoare, Laura Hockenhull, Mark Humphries, Donna Isaac, Cheryl Jacobs, Alexandra Jamieson, Nick Keith-Barnett, Kamil Khan, Bertie Knutzen, Miranda Krasniqi, Emilia Kubicka, Joanna Lazar, Malcolm Lister, Sara Malanza, Ladifatou Mandou, Jayaraj Manickam, Erni Marlina, Maria Martin, Laura Moran, Annalisa Nicastri, Chrysoula Nousion, Sarah Oglethorpe, Lucy O'Grady, Olaofe Olatunbosun, Najim Olowolagba, Stephanie Peyre, Naledi Phaledi, Magda Porega, Ulrika Radlund, Jelena Radusinovic, Vukasin Radusinovic, Delicia Reid, Mohammed Riad, Mathilde Robert-Beluche, Nancy Sapper, Sara Scanu, Shaban Shala, Zenepe Shala, Michelle Singer, Esther Solanke, Magdalena Sonneburg, Barbara Stepansky, Anna Strunk, Hind Sukkar, Isha Thomas, Pat Thomas, Ana Valerio, Gloria Vasquez, Susan Vernon.

Keep Active Westminster Volunteers

Judith Birch, Rita Brayshaw, Rosemary Clarke, Maxine Cunningham, Vajira Dayanandage, Susan Moore, Malgorzata Martyniuk, Lynn Ley Beng Ong, Jamie Omeed Summerland.

Safer Homes Volunteers

Mat Akposoe, Abdul Anjari, Afsheen Haider, Zoe Harrison, Mohammed Kamara, Stephanie Kostin, Harold Lazarus, Alan Lomas, Mario Miguel Matos, Greg Mee, Hugh Richards, Fatima Sabawi, Jackie Thitaphattaranukul, Jordan Trimby, Conrad Vaz.

Community Centre Volunteers

Evgeny Gumarev, Angela Jameson, Jane Walker (IT Club), Lady West, Brenda Yeung.

Staff

Core Services

Chief Executive	Rory Gillert
Finance Manager	Mandy Lau
Fundraiser/Marketer	Stephen Womersley

Community Centre

Co-ordinator	Anthony Francis
IT Club Leader	Mark Birley

Mentoring Plus

Co-ordinator	Joe Robins
Project Worker	John Whelehan
Assistant Project Worker	Martin Doyle
Literacy Tutor	Nicola Burrell
	Maria Sforza

Homeline

Manager	Joy Wilson
Project Worker	Donna Isaac
Volunteers' Co-ordinator	Jelena Radusinovic
	Miriam Baines

H&F Connect 55+

Co-ordinator	Marianne Mandujano
Project Worker	Christine Greig

Keep Active H&F

Co-ordinator	Victoria Rodwell
	Charlotte Ness

Keep Active Westminster

Co-ordinator	Liz Rickarby
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Safer Homes

Co-ordinator	Caecilia Isidore
Handyman	Donovan Shakespeare
Administrator	Tony Carmichael

Care & Repair

Manager	Matthew Byrne
Technical Officer	Kumkum Das

Staff listed were employed for all or part of the year 2015/16. Many thanks to our contracted cleaner, Rodica Codrea.

Board of Trustees

Chair	Lee Smith (from May 2016)
	Lucy Hutchins (until May 2016)
Vice-Chair	Alex Morley (until May 2016)
Treasurer	Jane Walker (from Nov 2015)
	Chris Brooks (until Nov 2015)
	Fergus Cusden
	Tom Fitzgerald
	Tom Hackett

Trustees listed served for all or part of the year 2015/16.

Bishop Creighton House



378 Lillie Road, London SW6 7PH
Tel 020 7385 9689 Fax 020 7386 9149
info@creightonhouse.org
www.creightonhouse.org

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